



GUE FUNDAMENTALS

Take Your Diving To The Next Level

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The GUE Fundamentals course is the most popular recreational diver class and is the gateway into all GUE training. Recognized as having the dive industry's highest standards in diver training, this immensely popular recreational course takes your personal diving skills to levels you never thought possible.

This team-focused course is designed to refine your diving skills, expand your capacity with buoyancy control & trim, along with balance, in-water positioning, 6 different propulsion techniques including the back-kick. Focus is also emphasized on teamwork, communication, problem solving, awareness and control in the water, which greatly enhances your safety and fun!

Benefits of GUE Training

- Fine Tune your buoyancy & overall control
- Increased bottom times & improved gas consumption
- Learn what team diving is all about
- Exceptional safety record; safety-oriented training
- Learn the benefits of using standardized equipment
- Access to a worldwide group of GUE divers
- Not just for technical diving
- Enhance your safety and fun!

[What GUE Is All About](#)



All about GUE; where it came from, where it is going, and why so many divers choose to train with GUE.

Standard Equipment



Team Diving!



Course Details

- Course is 4 Full Days Including Academic Sessions & Equipment Workshop
- 6 Training Dives
- Pre-reqs: Open Water Diver, Non-smoker
- Student to Instructor ratio: Max 4:1
- Standard GUE equipment configuration available for rent if needed. Contact Steve for more details.
- Cost: \$700 per person plus expenses & GUE registration.

Your Instructor

Steve Millington is a passionate and experienced Tech 1 instructor from [Global Underwater Explorers](#) (GUE). He is actively teaching classes in Los Angeles and surrounding areas of Southern California.



View more about Steve [here](#)

Contact:

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